

七個文化果實 · 三塊基石 · 五根支柱

Seven Culture Fruits • Three Cornerstones • Five Pillars

七個文化果實 Seven Culture Fruits

 實踐文化與品格的行動指標
Practical Markers of Growth Culture

Seven Culture Fruits with Core Beliefs, Bible Verses, and Life Expression

七個文化果實：核心信念、聖經經文與生命實踐

文化果實 Culture Fruit	核心信念 Core Belief	聖經經文 Bible Verse	生命實踐 Life Expression
 尊重玉米 Respectful Corn	除非有人要求， 我們不會提供建議 We don't advise unless asked.	雅各書 1:19 James 1:19 「你們各人要快地聽，慢 慢地說，慢慢地動怒。」 "Everyone should be quick to listen, slow to speak and slow to become angry."	深度傾聽，不打斷，不急 於給建議，讓對方帶領對 話 Deep listening, not interrupting, not rushing to advise, letting others lead the conversation
 同理桃 Compassionate Peach	我們在這裡是為 彼此 We are here for each other.	加拉太書 6:2 Galatians 6:2 「你們各人的重擔要互相擔 當，如此，就完全了基督的 律法。」 "Carry each other's burdens, and in this way you will fulfill the law of Christ."	主動關心，陪伴同在，分 擔重擔，提供支持 Proactive care, being present, sharing burdens, providing support
 友善櫻桃 Friendly Cherries	我們互相接納 We accept our differences.	羅馬書 15:7 Romans 15:7 「你們要彼此接納，如同基 督接納你們一樣，使榮耀歸	欣賞差異，慶祝多元，不 要求一致，創造包容空間 Appreciate differences,

文化果實 Culture Fruit	核心信念 Core Belief	聖經經文 Bible Verse	生命實踐 Life Expression
 支持草莓 Supportive Strawberries	我們不評判他人 We don't judge other people.	於神。」 <i>"Accept one another, then, just as Christ accepted you, in order to bring praise to God."</i>	celebrate diversity, not demanding uniformity, creating inclusive space
 自信萌芽 Confident Sprout	我們不評判自己 We don't judge ourselves.	馬太福音 7:1 Matthew 7:1 「你們不要論斷人，免得你們被論斷。」 <i>"Do not judge, or you too will be judged."</i> 羅馬書 8:1 Romans 8:1 「如今，那些在基督耶穌裡的就定罪了。」 <i>"Therefore, there is now no condemnation for those who are in Christ Jesus."</i>	不論斷，不批評，不八卦，給予恩典與理解 No condemning, no criticizing, no gossiping, extending grace and understanding 接納不完美，對自己有恩典，認識自己的價值，勇敢做自己 Accepting imperfection, having grace for self, knowing self-worth, courage to be authentic
 保護杏仁 Protective Almond	我們創建安全與愛的環境 We create a safe and loving environment.	彼得前書 4:8 1 Peter 4:8 「最要緊的是彼此切實相愛，因為愛能遮掩許多的罪。」 <i>"Above all, love each other deeply, because love covers over a multitude of sins."</i>	保護隱私，保守秘密，建立信任，創造安全空間讓人脆弱 Protecting privacy, keeping confidences, building trust, creating safe space for vulnerability
 受教橘子 Teachable Tangerine	我們接受挑戰與更正 We accept challenges and corrections.	箴言 9:9 Proverbs 9:9 「教導智慧人，他就越發有智慧；指示義人，他就增長學問。」 <i>"Instruct the wise and they will be wiser still; teach the righteous and they will add to their learning."</i>	主動尋求回饋，謙卑受教，在挑戰中成長，願意被糾正 Actively seeking feedback, humble and teachable, growing through challenges, willing to be corrected

"And now these three remain: faith, hope and love. But the greatest of these is love." - 1 Corinthians 13:13

「如今常存的有信，有望，有愛這三樣，其中最大的是愛。」——哥林多前書 13:13

◆ 三塊基石 Three Cornerstones

🌱 內在轉化的根基

Foundations of Inner Transformation

Three Cornerstones with Bible Verses

三塊基石與聖經經文

基石 Cornerstone	核心信念 Core Belief	聖經經文 Bible Verse	生命實踐 Life Expression
接納 Acceptance	我被無條件接納。I am unconditionally accepted.	羅馬書 8:1 Romans 8:1 「如今，那些在基督耶穌裡的不定罪了。」 "Therefore, there is now no condemnation for those who are in Christ Jesus." 以弗所書 1:6 Ephesians 1:6 「使他榮耀的恩典得著稱讚；這恩典是他在愛子裡所賜給我們的。」 "To the praise of his glorious grace, which he has freely given us in the One he loves."	自我接納，尊重他人，建立安全。Self-acceptance, respect others, create safety.
脆弱 Vulnerability	我可以真實做自己；因為愛裡沒有懼怕。I can be real; there is no fear in love.	約翰一書 4:18 1 John 4:18 「愛裡沒有懼怕；愛既完全，就把懼怕除去。」 "There is no fear in love. But perfect love drives out fear." 詩篇 139:23-24 Psalm 139:23-24 「神啊，求你鑒察我，知道我的心思。」 "Search me, God, and know my heart."	誠實面對情緒，願意求助，建立真關係。Honest emotions, asking for help, authenticity.
盼望 Hope	未來是有可能改變的。Transformation is possible.	腓立比書 1:6 Philippians 1:6 「我深信那在你們心裡動了善工的，必成全這工。」 "Being confident of this, that he who began a good work in you will carry it on to completion." 羅馬書 8:25 Romans 8:25 「我們若盼望那所不見的，就必忍耐等候。」 "But if we hope for what we do not yet have, we wait for it patiently."	遇到挑戰仍有信心，喜樂與堅忍。Faith, joy, and perseverance in challenges.

五根支柱 Five Pillars

 成長與關係的結構

The Structure of Growth and Relationship

Five Pillars with Bible Verses

五根支柱與聖經經文

成長與關係的結構 The Structure of Growth and Relationship

支柱 Pillar	焦點 Focus	聖經經文 Bible Verse (原文)	生命實效 Outcome
愛 Love	給予與領受無條件的愛 Giving and receiving unconditional love.	約翰一書 4:19 1 John 4:19 「我們愛，因為神先愛我們。」 "We love because he first loved us." 約翰福音 13:34 John 13:34 「我賜給你們一條新命令，乃是叫你們彼此相愛。」 "A new command I give you: Love one another."	恢復價值與安全依附 Restored value and secure attachment.
韌性 Resilience	堅持並在壓力中成長 Standing firm and growing through pressure.	雅各書 1:2-4 James 1:2-4 「你們落在百般試煉中，都要以為大喜樂；因為知道你們的信心經過試驗，就生忍耐。」 "Consider it pure joy... because you know that the testing of your faith produces	情緒穩定，在逆境中持續力 Emotional stability and perseverance.

perseverance."

哥林多後書 4:16–18
2 Corinthians
4:16–18

「所以，我們不喪膽。外體雖然毀壞，內心卻一天新似一天。」

"Therefore we do not lose heart... inwardly we are being renewed day by day."

關係 Relationship

建立真誠、尊重的連結

Building authentic and respectful connections.

羅馬書 12:10
Romans 12:10

「愛弟兄，要彼此親熱；恭敬人，要彼此推讓。」

"Be devoted to one another in love. Honor one another above yourselves."

健康互動，信任與支持

Healthy interactions, trust, and support.

傳道書 4:9–10
Ecclesiastes 4:9–10

「兩個人總比一個人好...若是跌倒，這人可以扶起他的同伴。」

"Two are better than one... If either of them falls, one can help the other up."

恢復 Restoration

從破碎中醫治更新
Healing and renewal from brokenness.

哥林多後書 5:17
2 Corinthians 5:17

「若有人在基督裡，他就是新造的人，舊事已過，都變成新的了。」

"If anyone is in Christ, the new creation has come."

寬恕與和解復原
Forgiveness and reconciliation.

服務 Service

將愛化為行動服務
Turning outward to
make a difference.

以賽亞書 61:1-3

Isaiah 61:1-3

「主耶和華的靈在
我身上...賜華冠與
錫安悲哀的人，代
替灰塵。」

"To bestow on
them a crown of
beauty instead of
ashes."

加拉太書 5:13

Galatians 5:13

「要用愛心互相服
事。」

"Serve one another
humbly in love."

成為他人的祝福與
影響

Becoming a
blessing and
influence to others.

馬太福音 20:28

Matthew 20:28

「正如人子來，不
是要受人的服事，
乃是要服事人。」

"Just as the Son of
Man did not come
to be served, but to
serve."

彼得前書 4:10 1

Peter 4:10

「各人要照所得的
恩賜彼此服事。」

"Each of you
should use
whatever gift you
have received to
serve others."

*"And over all these virtues put on love, which binds them all together in perfect unity." -
Colossians 3:14*

「在这一切之外，要存著愛心，愛心就是聯絡全德的。」——歌羅西書 3:14

快速理解 Summary Flow

七個文化果實 → 三塊基石 → 內在安全與信念的根基

五根支柱 → 全人成長與社群關係的結構

→ 愛 → 關係 → 韌性 → 恢復 → 服務

Five Pillars → Framework for holistic and relational growth.

→ Love → Relationship → Resilience → Restoration → Service

📖 核心信念 Core Philosophy

「你不能給出你沒有的東西。」
 “You cannot give what you do not have.”

生命被更新 → 才能帶出更新的文化。

Transformed lives create transforming cultures.